

HEART & SOLE

TREATMENT MENU

REFLEXOLOGY TREATMENTS

Clinical Foot Reflexology/RLD - Initial Consultation - 75min, £47

Clinical Foot Reflexology - 50min, £37

Reflexology Lymphatic Drainage - 60min, £40

Facial Reflexology - Initial Consultation - 60min, £45

Facial Reflexology - 45min, £40

Maternity Reflexology - Initial Consultation - 75min, £55

Maternity Reflexology - 55min, £47

MASSAGE TREATMENTS

Back, Neck and Shoulder Massage - 55min, £40

Full Body Massage - 1hr 25min, £60

Hot Stones Full Body Massage - 75min, £65

Indian Head Massage - 35min, £28

Pregnancy Massage - 60min, £60

Manual Lymphatic Drainage - 60min, £60

FACIAL TREATMENTS

Holistic Facial - 60min, £55

Zone Face Lift Facial - 1hr 15min, £70

Express Facial - 30min, £32.50

Luxury Facial - 60min, £55

LED Glow Facial - 90min, £70

Microdermabrasion - 30min, £35

Luxury Microdermabrasion Facial - 60min, £60

TREATMENT PACKAGES

Facial & Foot Reflexology - 60min, £42.00

Indian Head Massage & Hopi Ear Candling - 60min, £55

Luxury Pedicure - 60min, £35

Relax & Revitalise - 65min, £60

Head 2 Toe Restore - 80min, £67

ADD ON OPTIONS: Hopi Ear Candling, £30 - Foot Reflexology, £20 - LED Light, £22